



Welcome to the July edition of the Australian College of Nursing (ACN) Affiliate newsletter. As you are part of an ACN Affiliate organisation, this quarterly publication will keep you updated about all things ACN and nursing.



SHARE A DAY IN YOUR LIFE



We are so excited to see nurses around the country getting involved in our **Nursing Now Australia Challenge** to raise the status and profile of nursing. In June we challenged nurses to display their credentials (e.g. Jane Smith RN, M.Mgt, BN, MACN) on their signature blocks and social media bios, a powerful way to demonstrate your expertise and position yourself as a professional.

The July challenge encourages nurses to give friends and family an insight into nursing by describing a day in their life during catch-ups or on social media. We would love you to participate to provide the community with a greater understanding of the role and scope of nurses. Once you have actioned the challenge head to our **website** to enter a competition to win one of two \$100 Visa gift cards!

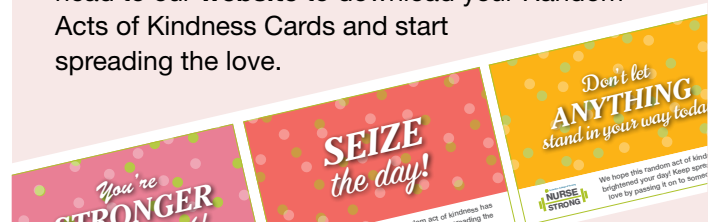
NATIONAL NURSING NOW ROADSHOW

JOIN OUR NEXT ROADSHOW

The first ACN National Nursing Now Roadshow event was held in Canberra on 18 June. Attendees were treated to a stimulating panel discussion followed by networking drinks. Our high calibre panel of speakers, Adjunct Professor Kylie Ward FACN, Hamish Jeffrey MACN, Tania Dufty MACN, Alison Verhoeven, Garth McDonald and Professor Steve Robson, discussed **'The triple impact of nursing: better health, greater gender equality and stronger economies'**. We look forward to bringing the ACN National Nursing Now Roadshow to multiple locations across Australia. Keep an eye on our **Facebook page** to find out when we're coming to an area near you. We would love to see you join us at a future event!

PAY IT FORWARD

NurseStrong recognises that nurses often sacrifice their own health and wellbeing in the process of caring for others. The national awareness campaign encourages nurses to enhance their physical, mental and emotional strength by offering access to exciting tools and opportunities. Our latest NurseStrong initiative inspires participants to share Random Acts of Kindness Cards to surprise others with motivational messages. By getting involved you'll not only make a difference to those around you but also benefit yourself from a sense of gratitude, compassion and happiness. You can read more about the health benefits of practicing kindness on our **NurseClick blog**. We encourage you to head to our **website** to download your Random Acts of Kindness Cards and start spreading the love.





MEMBER BENEFIT SHOWCASE: FREE CPD

We are proud to keep our members informed, connected and inspired through a wide range of exciting member benefits. Among others ACN members receive access to three online CPD courses free of charge each registration year. The courses are an ideal way to tick off some of your CPD requirements when and where it suits you.

The following courses are currently on offer:

- Assessment and Management of Common Cardiac Conditions
- Introduction to Clinical Mentoring, Preceptorship and Coaching
- Foundational Concepts in Nursing Leadership
- Infection Prevention and Control

- Care and Management of the Deteriorating Patient
- Wound Management
- Neurological Assessment
- Mental Health
- Professional Issues in Contemporary Nursing Practice
- Respiratory Nursing
- Introduction to Physical Assessment for Nurses

If you are already a member of the ACN tribe head to neo.acn.edu.au to access your free courses. If you'd like to join, visit our [website](#) for more information. As you are part of an ACN Affiliate organisation, you'll be able to access the discounted Affiliate rate of only \$21.50 per month!

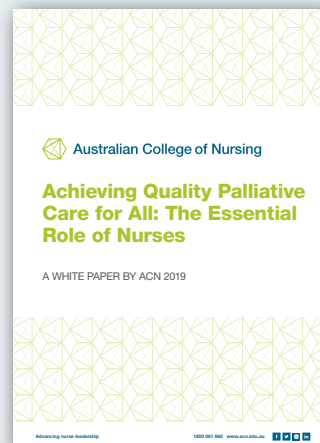


MID-CAREER NURSE LEADERSHIP PROGRAM

MID-CAREER NURSE LEADERSHIP PROGRAM LAUNCH

We were proud to facilitate the inaugural **Mid-Career Nurse Leadership Program** in Canberra in June. The program kicked off with a five-day intensive delivered by some of Australia's most senior nurse leaders, including Professor Christine Duffield FACN — ACN President and Professor of Nursing and Health Services Management, UTS & ECU, Adjunct Professor Debra Thoms FACN (DLF) — Commonwealth Chief Nursing and Midwifery Officer and Dr Lynette Cusack MACN — Chair Nursing and Midwifery Board of Australia. Over the next six months the program's 22 participants will continue to be supported with learning sets and coaching. The next program will be offered in February 2020. Head to our [website](#) to find out more.

ADVOCATING FOR PALLIATIVE CARE NURSES



In our latest White Paper '**Achieving Quality Palliative care for All: The Essential Role of Nurses**' we are calling for support for nurse-led models of care. The nursing profession already makes up the majority of the palliative care workforce and this model of care has the

potential to significantly improve patient outcomes, reduce hospital admissions and lower health care costs. To achieve this we want to see the skills and expertise of nurses recognised as palliative care professionals, funding allocated for ongoing training and development of dedicated palliative care nursing positions and reforms implemented to allow palliative care nurses to refer and prescribe. To read the full white paper head to our [website](#).

